

Welcome!

At Wellspring Clinic, Dr. Mark and Patricia offer a calming, professional atmosphere to help you relax and enjoy the process of improving your health.

As licensed health care practitioners, they offer over forty years of combined clinical expertise in naturopathic and oriental medicine, including acupuncture. These health and healing traditions blend current medical science with the art of personalized care and treatment, to help you achieve your health goals.

As part of your health care team, Dr. Mark and Patricia work well with other medical professionals. This allows you to expand your treatment options and provides a more balanced approach.

"We invite you to experience the benefits of safe, effective, natural medicine and look forward to helping you feel your best."



From Mark Immel, N.D.



"As your naturopathic physician, I understand the importance of communication and having enough time during your appointment to fully discuss your concerns, answer questions, and

formulate a personalized treatment plan. I generally schedule 60-90 minutes for your initial consultation."

Personalized treatment plans may include:

- Homeopathic consultation and treatment
- Personalized supplement programs
- Screening for interactions between drugs, nutrients, and herbs
- Options for people who want to reduce their use of pharmaceutical medications
- Integrative support for patients having surgery
- Family history review and preventive strategies
- Innovative laboratory testing

★ **To prepare for your consultation, please follow these guidelines:**

- Complete the enclosed Patient Profile and bring it with you to your appointment.
- If you are taking any medications, herbs, or nutritional supplements, bring them in their original containers. This helps me to make informed decisions about their use and assess your specific needs.
- Bring any recent laboratory and diagnostic reports.
- In consideration for our allergic and chemically sensitive patients, please don't wear perfume or scents when visiting our office.

Dr. Mark Immel graduated from the National College of Naturopathic Medicine in 1982. He has been in private practice since that time. Dr. Immel is licensed by the Oregon Board of Naturopathic Medicine.

Known to most patients as "Dr. Mark", he provides personalized and effective treatment plans to help patients restore and optimize health. With over thirty years experience in naturopathic medicine, he offers several areas of expertise.

Homeopathic medicine remains at the heart of Dr. Mark's medical practice. This approach treats the whole person, using powerful, yet safe natural medicines. He continues ongoing post-doctorate study of homeopathic medicine with an international group of experts.

Dr. Mark counsels patients on diet and the safe, effective use of nutritional medicines. Supplements are an important part of health care in the twenty-first century. Vitamins, minerals, and other nutrients do more than merely correct deficiencies; they are essential to support our body's defense against stress, pollution and chronic disease.

In addition, Dr. Mark provides expert advice on the concurrent use of supplements and medications. With today's mass marketing campaigns from both pharmaceutical and supplement companies, it is more important than ever to screen for possible interactions and nutrient depletions.

Dr. Mark Immel is a member of the Oregon Association of Naturopathic Physicians.
www.oanp.org



Wellspring@bmi.net
541-902-8860

Cancellation policy: If you are unable to keep your scheduled appointment, please notify our office at least 24 hours before your appointment.

See me virtually through doxy.me!

Simply enter this URL to check out my Virtual Waiting Room:

doxy.me/WellspringClinic

*Dr. Mark Immel
welcomes you ...*



Wellspring Clinic
your source for natural medicine